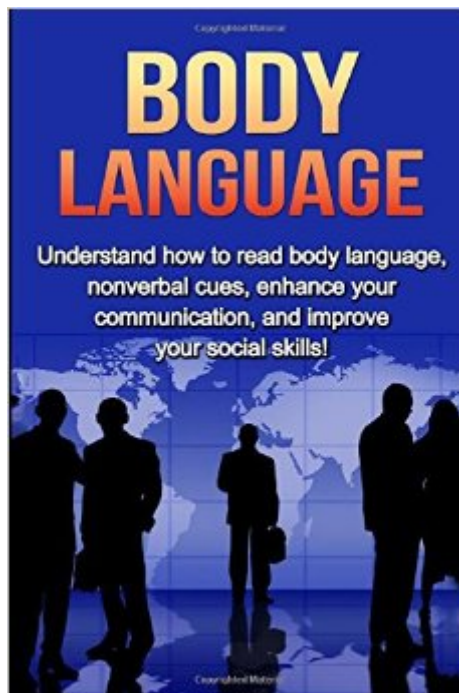


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# Body Language: Understand How To Read Body Language, Non-verbal Cues, Enhance Your Communication And Improve Your Social Skills!



## Synopsis

**Body Language** Grab this GREAT physical book now at a limited time discounted price! Believe it or not, the majority of our communication is actually non-verbal. This means that most of what we are saying is expressed through our movements, posture, expressions, and actions. This collective form of communication is known as body language. This book will explain to you how body language works, and how to better understand what other people are saying with their body movements and expressions. Through learning how body language works, you'll also discover how to better tailor your own body language. This book will show you how to change your body language to appear more confident, powerful, knowledgeable, and attractive. With the help of this guide, you'll be well on your way to improving your body language, and increasing your communication skills! Here Is What You'll Learn About... Importance of Body Language Principles for Reading Body Language How to Translate Nonverbal Cues How to Improve your Body Language How to Improve Social Skills with Body Language Practical Applications of Body Language Reading Much, Much More! Order your copy of this fantastic book today!

## Book Information

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## Customer Reviews

I never really understood how important the body language was. your body language can be a tell-tale sign that you are lying. And there are so many ways you can communicate with (other than your voice) like eyes, hands, posture, etc. This book was very informational beginning with explaining what exactly a non-verbal communication was, giving great examples after the explanations, and greatly organizing the wording to make it easier to understand. A great book, and I recommend it to everyone.

An amazing book. Yes this is true, your body is your mirror. I purchased this book just because of the title and I'm really glad to read this book as this is best and I am happy my time is not waste. This book is a complete guide to improve your communication, confidence and also social skills. I was really shy but after reading this book and following rules I really improved.

Great book to read to better understand people's body language other than the ones we can naturally pick up. I think now I'm more aware of some untold emotions people have and have a better understanding of how to deal with them. As well as how I'd let people know non-verbally about how I feel. I like that this book goes in detail on different parts of the body and explains them and have a chapter about how we can improve our social skills through body language. It is indeed very helpful!

I really love to read this book! Isn't it amazing how we communicate with others? We are not limited to talking alone but we have this so called Body Language. I myself experienced expressing it especially if we are weak and lazy to talk. We use our gestures to express our thoughts or feelings. This is commonly used by deaf and mute people or those with hearing impairment. They use sign language to deliver what they want to say.

Great book on body language! Highly recommended and I wish I had actually read this book sooner! I am a complete beginner and I couldn't have hoped for anyone to shed as much light on this topic as this book has for me! Highly recommended and I give this a 5 star review!

I was always bad at taking hints. If it were verbal hints or physical ones. People would always be very annoyed by me because of this. This led into me having low esteem at times and even isolating myself from social events. Thinking about it kind of makes me depressed again. But I eventually became fed up with this so I decided to fix my problem. I found this book on kindle and I was curious if it actually could help me to get over my social anxiety and to read people better. And to be honest, this book is great! It contains very simple but effective principles that can help you to read people instantly. I have now made a couple of very good friends, got a raise and even the relationship between me and my family has drastically improved. If you want or need a book about body language, definitely check this one out!

Outstanding and magnificent. I did not know that body language is an important thing that we must know. So shameful but I'm really ignorant by it. Well I am glad that I've stumbled on this book. It's because it opens up my eyes. Improving our social skills will be in the palm of our hands. Thanks to this guide for helping we get into that road. It also boosts my self-confidence and I like it very much. This is also our way to success.

This book is a great introduction in the study of Nonverbal communication. The book is clearly organized and is able to communicate the intended message. This book sells its ideas quite well. Tremendously carries valuable information for public speakers, interviewers, sales people, organizational change agents, and those of you who just plain want to know when you may be being lied to, or causing distress in the other person. This book is an excellent start to reading people, and Jason Rowney covers the basic principle of body language very well. I would highly recommend this to anyone who meets people on a day to day basis. This is well written, to the point.

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